

Traditional Favorites

Spring Rolls 6.95

Golden fried rolls filled with a savoury pork and vegetable filling.

Chicken Gyoza 7.95

Pan fried dumplings stuffed with a savoury chicken and vegetable filling.

Not Very Dry Ribs 9.95

Marinated tender boneless pork chunks dusted with five spices.

Beef Tataki 11.95

Slices of rare Certified Angus Beef with wakame and sweet onion in refreshing citrus soya.

Fresh Oysters 12.95

Half dozen of live Malpeque oysters with spicy daikon and ponzu sauce. (Seasonal)

Ginger Calamari 8.95

Crispy fried marinated squid served with our ginger sauce.

Wasabi Tuna 9.95

Fresh slices of tuna sashimi with our special wasabi sauce, topped with dry seaweed flakes.

Shrimp Tempura 12.95

Black Tiger shrimp in crispy tempura batter Served with traditional tentsuyu.

Edamame 5.95

Steamed soy beans.

Seaweed Salad 6.95

Shredded seaweeds seasoned with sesame flavour.

Agedashi Tofu 6.95

Fried tofu cubes served in flavourful tempura sauce with grated fresh ginger.

Vegetable Tempura 8.95

Assorted vegetables in crispy tempura batter served with traditional tentsuyu.

Sandwiches Rice ETC

BurgerBound 13.95

Charbroiled chopped sirloin patty with cheese on ciabatta bun with all the fixings, fries included.

Ciabatta Club 13.95

Grilled chicken, back bacon & Provolone with fresh lettuce and tomato in chewy bun fries included.

Chicken Fingers Kara-age 13.95

Strips of seasoned chicken breast served with fried potatoes and ginger sauce.

Prime Rib Philly 13.95

Shaved primed rib with onion, mushroom, peppers and melted cheese on chewy Ciabatta bun.

Halibut Fish n' Chips 17.95

Halibut in light tempura batter and French fries, served with green salad.

Chicken Teriyaki 17.95

Tender chicken breast grilled with our own teriyaki sauce, served on rice with vegetables.

Beef Teriyaki 17.95

Stir fried beef with onions mushrooms and peppers served on rice.

Salmon Bites 18.95

Bite size salmon teriyaki served on rice with seasonal vegetables.

Shrimp & Scallop Boat 24.95

Pan fried shrimp and sea scallop w/ lemon butter and soya. Served seasonal vegetables & potato.

Coconut Shrimp Curry 20.95

Black Tiger shrimp cooked in Japanese style curry with coconut milk and seasonal vegetables on rice.

Penne Athens 18.95

With lemon-pepper-chicken, onions, peppers, olives and sundried tomatoes in olive oil and feta cheese.

Chicken & Shrimp Penne 21.95

Sauteed chicken, shrimp, mushroom and spinach on penne in garlic cream sauce.

EastBound Specialties

EB Crispy Roll 8.95
Sushi roll with salmon and green onion, golden fried & topped with flying fish roe and a spicy miso aioli.

Okonomiyaki 8.95
Similar to a green onion cake, only better with sea food and prepared in a uniquely Japanese way.

Tuna Cheese Roll 11.95
Golden fried of fresh Albacore tuna sandwiched in with cream cheese. Served with vegetable tempura and in tentsuyu.

Miso Seafood Bits 11.95
Pan fried scallop & shrimp with lemon garlic tossed with avocado, bell pepper and tomatoes then drizzled with sweet mustard miso sauce.

Steak Teaser 12.95
Medium rare CAB New York steak with our famous sesame steak sauce. Served with baby greens and shaved parmesan.

Avocado Tofu Canapes 8.95
Slices of soft tofu and avocado topped with sautéed sun dried tomato, onion and mushroom & pepper.

Spicy Tofu Steak 9.95
Fried tofu with seasoned peppers, onions, mushrooms and diced tomatoes.

Salads

Noodle Salad 12.95
Grilled chicken, fresh vegetables, vermicelli, Thai basil, cilantro and cashew nuts with a spicy vinaigrette.

Orange Chicken Salad 12.95
Grilled chicken, fresh oranges, and toasted cashew nuts tossed with fresh crisp greens.

Fresh Spinach Salad 12.95
Tender leafs of organic spinach, fresh julienne vegetables with a grilled chicken breast and feta cheese.

Spicy Beef Salad 12.95
Tender slices of top sirloin beef sautéed with onion mushroom & garlic chilli. Served on mixed greens.

Main Features

Bento #1 21.95
Grilled chicken teriyaki, salmon bites, cabbage in ginger sauce, green salad, steam rice & fresh fruit.

Bento #2 22.95
Grilled chicken teriyaki, assorted tempura, , cabbage in ginger sauce, green salad, steam rice & fresh fruit.

Bento #3 27.95
NY steak, grilled chicken & assorted tempura, cabbage in ginger sauce, green salad, steam rice & fresh fruit.

Bento #4 27.95
Tuna, salmon sashimi, salmon bites & assorted tempura, cabbage in ginger sauce, green salad, steam rice & fresh fruit.

Pan Fried Halibut 26.95
Fresh Halibut in Macadamia nut crust slowly fried in butter then topped with melted Danish Blue Cheese. Served with seasonal vegetables and potatoes.

Pacific Rim Salmon 25.95
Medium rare salmon wrapped in seaweed and ginger. Served with mushrooms and spinach on steam rice and our duo of sauces.

Mojito Chops 26.95
Cut from a fresh rack of lamb, each individual chop is marinated in our Mojito sauce then rubbed with Dijon mustard and charbroiled to your preference

NY Steaks 9oz - 24.95 14oz - 32.95
Perfectly aged Certified Angus Beef strip loins -New York cut- that is absolutely tender and juicy in every bite. Served with vegetables and roasted potatoes.

Eastbound Lunch Special

Tuesday to Friday 11:30am –2:00pm

*BurgerBound _____ 12.25
*Chicken Teriyaki Don _____ 12.25
*Ciabatta Chicken Club _____ 12.25
*Orange Chicken Salad _____ 12.25

*Bento #1 _____ 13.50
*Coconut Curry w/shrimp _____ 13.50
*Bento #2 _____ 13.50
*Halibut Fish n' Chips _____ 13.50